Brisa Bahia

A Place to Remember Who You Truly Are

Travel Guide

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Everything You Need to Know for a Smooth Arrival

Welcome to Brisa Bahía

We're so excited to welcome you to our off-grid, beachfront sanctuary. Brisa Bahía is designed for deep rest, nature connection, and personal transformation — and we're here to make your journey simple and stress-free.

Just book your flight to Medellín, and we'll help with the rest. From the moment you arrive in Colombia, our team supports you every step of the way.

About the Location

We're tucked between the Caribbean Sea and lush jungle on Colombia's north coast — a peaceful, wild, and beautifully remote escape from the everyday.

Brisa Bahia

Getting Here is Easy

Step 1: Fly into Medellín (MDE)

Book your international flight to José María Córdova International Airport (MDE). We can arrange a driver to take you to your Medellín accommodations in Laurales or El Poblado, two of Medellín's most safe, comfortable, and well-connected neighborhoods.. Most guests spend the night here before continuing to the coast.

Step 2: Short local flight to the coast

The next morning, you'll fly from Olaya Herrera Airport (EOH) to either Capurganá or Acandí — small coastal towns close to Brisa Bahía.

- Option 1: Eagle Travel — Flights to Capurganá (Mon & Fri) → 10-min boat ride to Brisa Bahía. WhatsApp: +57 304 2893772
- Option 2: Satena Airlines — Flights to Acandí (Mon → Fri) → 5-min moto-taxi to dock + 20-min boat ride to Brisa Bahía. Website: satena.com
- Option 3: Satena Airlines — Flights to Apartado (Mon → Sun) → 45-min taxi to dock + 2.5-hr boat ride along the coast to Brisa Bahía.
    - Boat travel WhatsApp: Maar Travel (+57 322 5415882) & Dycioca (+57 313 7169910)

*Medellín has two airports — international flights arrive at MDE; local flights depart from EOH.

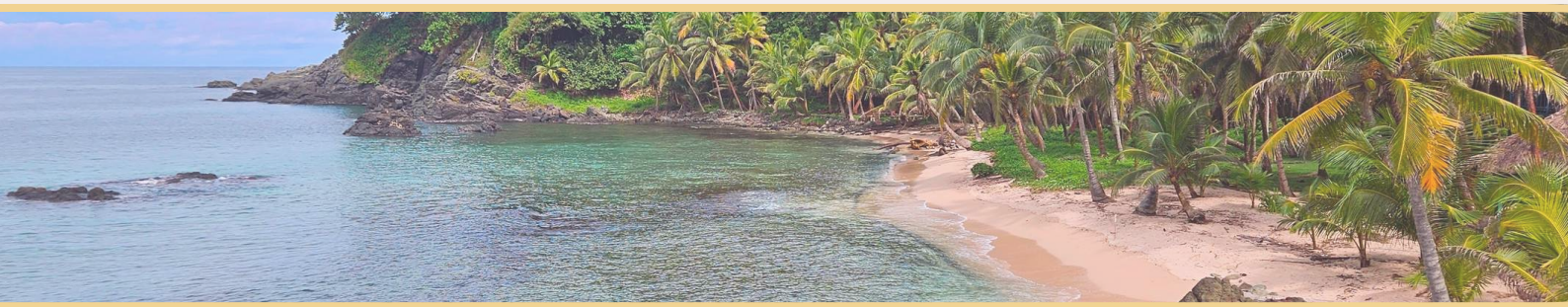
We'll meet you when you land and make sure your boat transfer is smooth and scenic.

Transportation Support

We offer airport pick-ups, hotel transfers, and full travel coordination — just send us your arrival details in advance.

Stay Connected Before You Arrive

We love when groups create a WhatsApp chat before the retreat — it makes it easy to share travel updates, coordinate arrivals, and even make new friends before you get here. Another great way to start the journey is with a pre-retreat web call.



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Brisa Bahía

Weather at Brisa Bahía

It's warm and tropical year-round, with average highs between 75–85°F (24–30°C).

- Dry Season (Dec–April): Sunny, perfect beach days.
- Rainy Season (May–Nov): Mornings are bright, with occasional afternoon showers that keep the jungle lush and alive.

What to Pack

Pack light and bring:

- Light long sleeves & pants (mosquito protection)
- Swimsuit & quick-dry towel or sarong
- Sunscreen, hat & sunglasses
- Insect repellent
- Rain jacket
- Comfy shoes + flip flops
- Power adapter (if outside the Americas)
- Flashlight or headlamp
- Reusable water bottle

Electricity

- Electricity is solar-powered and available throughout the resort.
- Type: A & B (same as U.S.)

Visas & Entry

Most travelers (U.S., Canada, UK, EU, Australia, much of Latin America) can visit visa-free for up to 90 days. You'll need:

- A passport valid for at least 3–6 months
- Proof of onward travel (return or exit ticket)

Check with your local Colombian consulate for the latest info.

Meals & Diets

We serve three nourishing meals daily, plus snacks, herbal teas, and fresh fruit. We're happy to accommodate:

- Vegan / Vegetarian
- Gluten-free / Dairy-free / Nut-free
- Keto / Paleo / Low-fat / Sugar-conscious

Just let us know your needs ahead of time.

See You Soon

You're coming to a place where the jungle meets the sea, where time slows down, and where every detail is taken care of so you can fully relax. We can't wait to welcome you to Brisa Bahía.

If at any point you feel unsure, simply reach out — we're here to support you.

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